



Athabasca University 

SCHOOL OF COMPUTING & INFORMATION SYSTEMS

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# Personalized Course Delivery in Learning Management Systems

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# Adaptivity and Personalization in Learning Systems

How can we make learning systems more adaptive, intelligent and personalized



- Based on a comprehensive student model that combines learner information and context information
- In different settings such as desktop-based, mobile and ubiquitous settings
- In different situations such as for formal, informal and non-formal learning
- Supporting learners as well as teachers
- Develop approaches, add-ons and mechanisms that extend existing learning systems

# Adaptivity and Personalization in Learning Systems

- Students' characteristics
  - Learning styles
  - Cognitive traits
  - Context information (environmental context & device functionalities)
  - Motivational aspects
  - Affective states
- Different settings
  - Learning management systems
  - Mobile / Ubiquitous learning

# Adaptivity and Personalization in Learning Systems

- Students' characteristics
  - **Learning styles**
  - Cognitive traits
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  - Motivational aspects
  - Affective states
- Different settings
  - **Learning management systems**
  - Mobile / Ubiquitous learning

**Why aiming at enabling learning management systems to adapt to students' learning styles?**

# Why Learning Management Systems?

- are used by most educational institutions
- Examples: Moodle, Blackboard, Sakai, ATutor
- are developed to support teachers to create, administer and teach online courses
- provide a lot of different features
- domain-independent
- provide only little or in most cases no adaptivity

# Why Learning Styles?

- Complex and partially inconsistent research area
- Learners have different ways in which they prefer to learn
- If these preferences are not supported, learners can have difficulties in learning
- Previous studies showed that providing learners with courses that fit their learning styles has potential to help learners in learning

# Felder-Silverman Learning Style Model

- Each learner has a preference on each of the dimensions

- Dimensions:

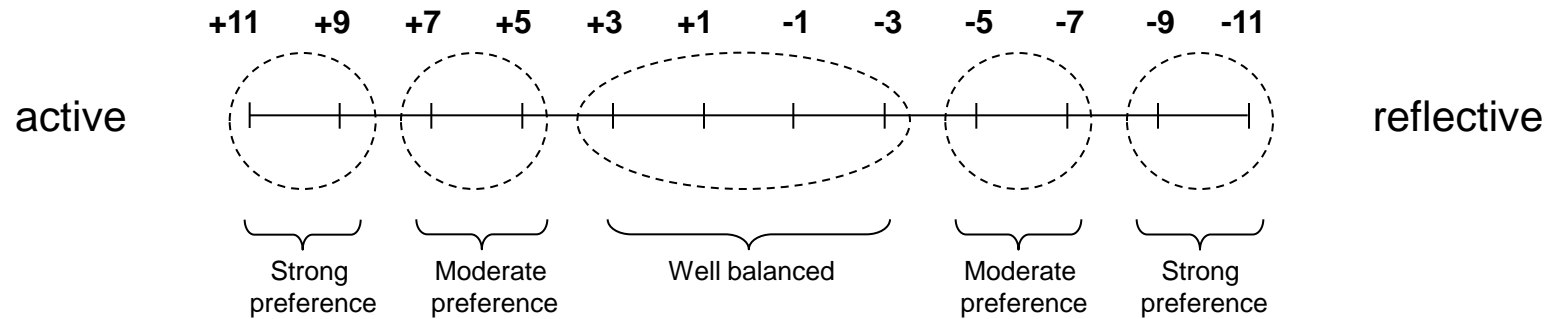
- Active – Reflective  
learning by doing – learning by thinking things through  
group work – work alone
- Sensing – Intuitive  
concrete material – abstract material  
more practical – more innovative and creative  
patient / not patient with details  
standard procedures – challenges
- Visual – Verbal  
learning from pictures – learning from words
- Sequential – Global  
learn in linear steps – learn in large leaps  
good in using partial knowledge – need „big picture“





# Felder-Silverman Learning Style Model

- Scales of the dimensions:



→ Strong preference but no support → problems

# Felder-Silverman Learning Style Model

## ■ Differences to other learning style models:

- Combines major learning style models (Kolb, Pask, Myers-Briggs Type Indicator)
- New way of combining and describing learning styles
- Describes learning style in more detail (Types  $\leftrightarrow$  Scale)
- Represents also balanced preferences
- Describes tendencies
- Domain-independent
- Are “flexible-stable” over time

# How to provide adaptive courses in learning management systems?

# Research Question

How to extend typical LMS with adaptivity?

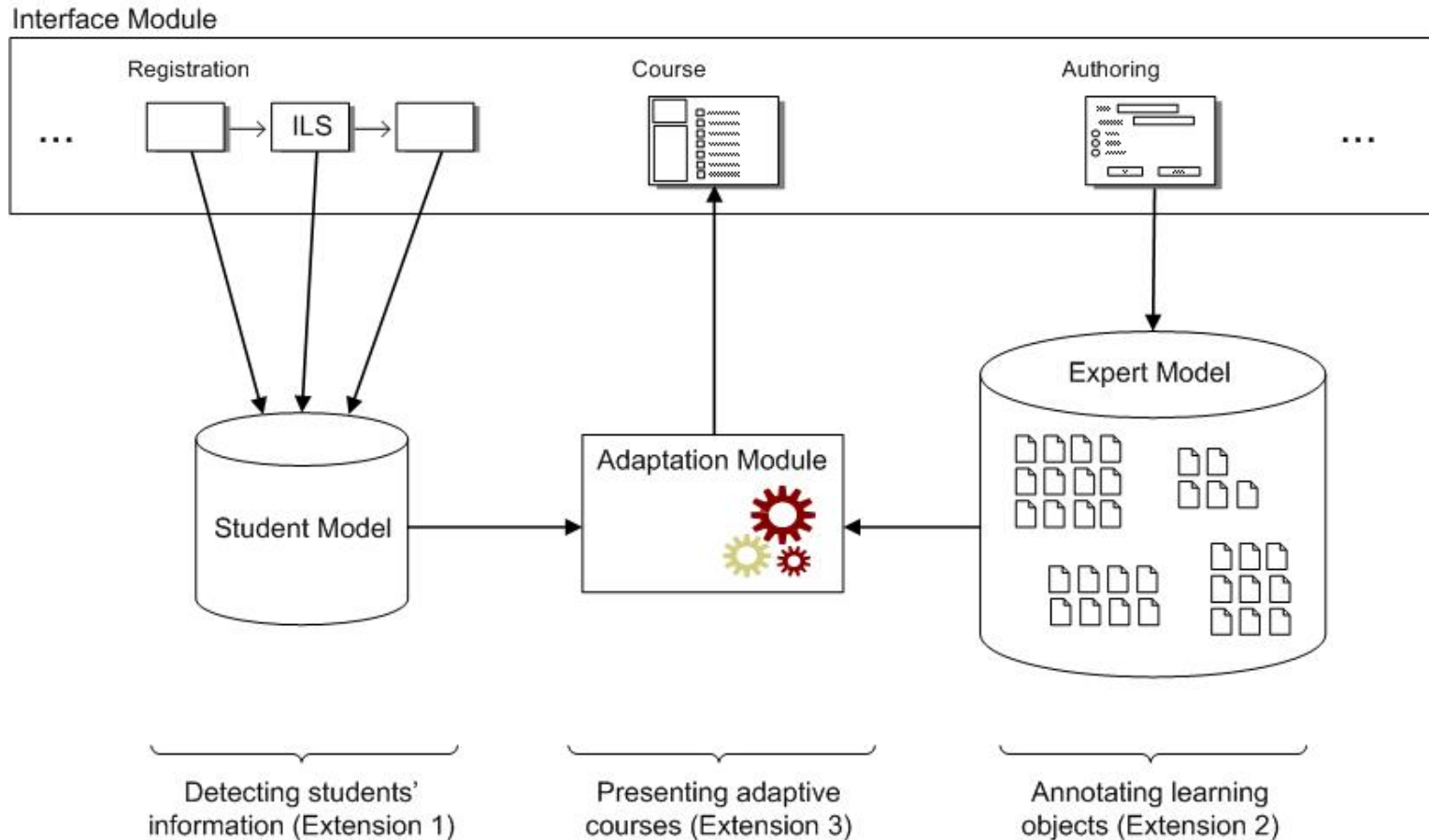


- Develop a concept which enables LMS to automatically generate adaptive courses
- Keep the concept generic so that it can be used for different LMS
- Implement and evaluate the concept in one particular LMS
- Incorporates only common kinds of learning objects
  - Content
  - Outlines
  - Conclusions
  - Examples
  - Self-assessment tests
  - Exercises

# Aims and Benefits

- Teachers can continue using their courses in LMS
- Students get personalized support with respect to their learning styles
- Requirements for teachers
  - Teachers shall have as little as possible additional effort
  - Provide learning objects
    - Excluded the visual/verbal dimension
  - Annotate learning objects (distinguish between the objects)

# General Concept for Providing Adaptivity in LMS



# Structure of a course

## Chapter 1:

**Examples**

**Self-assessment**

**Exercises**

**Outline**

**Content with/without outlines between subchapters**

**Conclusion**

**Examples**

**Self-assessment**

**Exercises**

**Conclusion**

## Chapter 2:

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# Adaptation features

- Sequence of examples (before or after content)
- Sequence of exercises (before or after content)
- Sequence of self-assessments (before or after content)
- Sequence of outlines (only once before content or between content)
- Sequence of conclusion (after content or at the end of the chapter)
- Number of examples
- Number of exercises



# Adaptations for active/reflective learners

- Active learners
  - Self-assessments before and after content
  - High number of exercises
  - Low number of examples
  - Outline only at the begin of content
  - Conclusions at the end of the chapter
- Reflective learners
  - Outlines between content
  - Conclusion after content
  - Avoid self-assessments before content
  - Examples after content
  - Exercises after content
  - Low number of exercises

# Adaptations for sensing/intuitive learners

- Sensing learners
  - High number of examples
  - Examples before content
  - Self-assessment after content
  - High number of exercises
  - Exercises after content
- Intuitive learners
  - Self-assessment before content
  - Exercises before content
  - Low number of exercises
  - Low number of examples
  - Examples after content
  - Outlines only at the begin of content

# Adaptations for sequential/global learners

## ■ Sequential learners

- Outlines only at the begin of content
- Examples after content
- Self-assessment after content
- Exercises after content

## ■ Global learners

- Outlines between content
- Conclusion after content
- High number of examples
- Avoid self-assessment before content
- Avoid examples before content
- Avoid exercises before content

# Ambiguous Learning Preferences

- Active/Reflective = +11 → strong active style
- Sensing/Intuitive = -11 → strong intuitive style
- Sequential/Global = -11 → strong global style
- Number of Exercises
  - Active → high number
  - Intuitive → low number
  - Global → no preference→ Moderate number of exercises

# Evaluation of the Concept

- Implemented add-on for Moodle (Version 1.6.3)
- Evaluated with more than 400 students participating in a course about object-oriented modelling
- Course consisted of
  - Lecture (optional)
  - Practical part - 5 Assignments (compulsory)
  - Online Course in Moodle (optional)
  - Final Exam (compulsory)
- The aim of using a LMS was to provide students with additional learning material and learning opportunities

# Evaluation of the Concept

- Randomly assigned to 3 groups:
  - Courses that fit to the students' learning styles (matched group)
  - Courses that do not fit to the students' learning styles (mismatched group)
  - Standard course which includes all learning objects (standard group)
  
- Procedure
  - Students filled out a learning style questionnaire
  - Adaptive course is automatically generated and presented
  - Students were nevertheless able to access all learning objects and take a different learning path

# Evaluation of the Concept

## ■ Results:

- Average score on assignments & score on final exam
    - no significant difference
  - Time spent on learning activities
    - Standard (5h 34 min) > Matched (3h 47min)
    - Mismatched (5h 33min) > Matched (3h 47min)
  - Number of logins
    - Standard (32 logins) > Matched (28 logins)
  - Number of visited learning activities
    - no significant difference
  - Number of requests for additional LOs
    - Mismatched (8.30%) > Matched (6.59%)
- Students from the matched group spent significant less time in the course but achieved in average equal grades
- Demonstrates positive effect of adaptivity

**What benefits does adaptivity has for learners with different learning styles?**



# Aim of this research

- Investigating the effects and effectiveness of adaptivity for students with different learning styles
  - Does students with different learning styles benefit from adaptivity in different ways?
    - Effects of adaptivity for students with different learning styles
  - Which students can be supported more effectively by using adaptivity comparing their learning styles?
    - Effectiveness of adaptivity comparing different learning styles
- Same data as for the previous study has been used

# Effects of Adaptivity

- Comparing data from matched and mismatched course with respect to learning styles and behaviour/performance variables (using ANOVA)
- Learning Styles:
  - Two groups for each dimension (e.g., active and reflective)
- Performance
  - Scores of final exam
- Behaviour
  - Time spent on learning activities
  - Number of logins
  - Number of visited learning activities
  - Number of requests for additional LOs

# Effects of Adaptivity - Results

		active	reflective	sensing	intuitive	sequential	global
final_exam	F	2.276	0.451	3.613	0.174	0.793	0.937
	p	0.136	0.504	0.06	0.678	0.376	0.336
time	F	<b>7.888 *</b>	3.856	1.754	0.339	<b>4.271 *</b>	0.038
	p	<b>0.006</b>	0.054	0.189	0.563	<b>0.043</b>	0.846
numlogin	F	3.937	0.11	1.28	0.012	1.356	0.014
	p	0.052	0.741	0.262	0.915	0.249	0.906
numLO	F	1.54	<b>4.639 *</b>	<b>4.084 *</b>	0.509	2.173	0.29
	p	0.219	<b>0.035</b>	<b>0.047</b>	0.479	0.145	0.592
numALO_p	F	1.486	<b>4.531 *</b>	<b>4.442 *</b>	1.668	0.867	<b>5.741 *</b>
	p	0.227	<b>0.037</b>	<b>0.038</b>	0.202	0.41	<b>0.019</b>

# Effectiveness of Adaptivity

- Which students can be supported more effectively by using adaptivity comparing their learning styles?
- Looking only at data from matched course and comparing the students' performance and behaviour with respect to their learning styles

# Effectiveness of Adaptivity

		act/ref	sen/int	seq/glo
final_exam	F	<b>8.862 *</b>	<b>5.127 *</b>	0.490
	p	<b>0.004</b>	<b>0.027</b>	0.486
time	F	<b>8.063 *</b>	0.018	0.180
	p	<b>0.006</b>	0.893	<b>0.672</b>
numlogin	F	<b>4.586 *</b>	3.866	2.806
	p	<b>0.036</b>	0.054	0.099
numLO	F	<b>6.635 *</b>	1.370	0.003
	p	<b>0.012</b>	0.246	0.953
numALO_p	F	2.649	0.131	0.055
	p	0.108	0.718	0.816

**Means:**  
Act.: 166.07 points  
Ref.: 184.37 points

**Means:**  
Sen.: 169.98 points  
Int.: 185.43 points

**Means:**  
Act.: 3.81 h  
Ref.: 6.68 h

**Means:**  
Act.: 27.24  
Ref.: 31.08

**Means:**  
Act.: 415.21  
Ref.: 624.73

# Summary of Findings

- Adaptivity based on learning styles can help students in learning
- Adaptivity has different effects for learners with different learning styles
- Findings give a deeper insight in the effects and effectiveness of adaptivity
- Findings show that for some learning styles adaptivity works better than for others, in terms of encouraging them to use the course more intensively and/or letting them achieve better scores.

**How to make the adaptive mechanism  
more flexible for teachers?**

# Aim of Research

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- Use the adaptive mechanism for extending LMSs to automatically generate courses that fit students' learning styles
- Make our approach applicable for different courses (e.g., with theoretical and practical focus)
- Make it easier for teachers to use our adaptive mechanism



# How to make the mechanism more flexible?

## ■ Requirements

- Generic and work for different LMSs
- Require from teachers as little as possible additional work
- Restrict teachers as little as possible in their course design

## ■ Solutions

- Use only types of LOs that are available in most LMSs
- Only ask teachers to annotate LO with the type once they create them
- Use a course structure that allows many different types of LOs but does not require each type of LO to be available in each chapter/section

# Considered types of learning objects

- Commentaries
  - Content Objects
  - Reflection Quizzes
  - Self-Assessment Tests
  - Discussion Forum Activities
  - Additional Reading Material
  - Animations
  - Exercises
  - Examples
  - Real-Life Applications
  - Conclusions
  - Assignments
- Teachers can add many different types of LOs in their courses
- Teachers can add types of LOs wherever they feel they fit (as they usually do in LMSs)
- Teachers does not have to add types of LOs
- However, the more LOs are available in the course, the more adaptivity can be provided

# How to provide adaptivity?

- Adaptive Annotation
  - Distinguishing between recommended and standard learning objects
- Adaptive Sequencing
  - Changing the sequence in which types of learning objects are presented

# Structure of a course

## Chapter 1:

### Commentary

**Few LOs that raise a student's interest [0..2 types of LO]\***

Self-assessment tests, animations, exercises, examples, or real-life applications

### Content

**Conclusion [0..1]**

**Remaining LOs\***

Self-assessment tests, animations, exercises, examples, real-life applications, additional reading material, reflection quizzes, and forum activities

**Conclusion [0..1]**

### Assignments

## Chapter 2:

...

\*Sequence of LOs is based on how well the types of LO fit to the student's learning styles

# Demo

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Demo ...

# Current research & development

- Moving the adaptive mechanism to Moodle 2.0
- New features
  - Developed as installable package
  - Usable for different courses within Moodle (with an interface to define which courses should use the adaptive mechanism)
- Future features:
  - Using dynamic and automatic student modelling instead of a questionnaire
  - Adding further characteristics of students to be considered by the mechanism

# Questions



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